



Thornlea SS

Principal: Joe Foti

December 10, 2019

Vice-Principal: Anthony Hu

Vice-Principal: Sofia Papadatos



Our very talented students Khush Patel and Maximillian Pochapski designed and created this beautiful sign for the Thornlea office.

Thank you Khush, Max and Mr. Braband!

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Message from the Principal

Dear Families and Community Members,

The winter break is fast approaching and we would like to wish everyone a restful and relaxing holiday. There are number of events planned in the last two weeks of school that we would like to bring to your attention. Our Drama club is putting on their winter show in Theatre 219 from December 10-13th. We hope to see you there. On December 17th Thornlea will be hosting a Blood Donor Clinic in the gym. We would like to thank Ms. Ross for setting this up. On December 18th we will host a Wellness Winter Wonderland set up and run by our students and Mrs. Hanff. During lunch on the day hot chocolate and cookies will be provided along with Karaoke and various games to brighten the day. Our students are also making Holiday Cards to deliver to the various Senior Retirement Homes in our area. Thank you to the Wellness students for organizing this thoughtful event.

In the world of athletics our Sr. and Jr. Girls Volleyball seasons have started and both teams are off to a winning start. Our Boys' Basketball teams have also achieved success winning several tournaments and doing well in league play. We would like to congratulate two of our Sr. Prep Basketball players Javonte Brown-Ferguson and Benjamin Li for earning full athletic scholarships for next year. Javonte will be attending the University of Connecticut and Benjamin will be at Lehigh University.

We were are also fortunate to have Helen Yermus attend our school and share her powerful story as a Holocaust survivor with our grade twelve students. The students in Ms. Magic-Love's class were captivated by her experience and the resiliency she has shown her entire life. Her presentation was part of the Library's Speaker Series.

Our next school council meeting takes place on January 20th in our Library at 7:15 p.m. Please come and join us if you are free. Finally we would like to remind everyone that Final Exams for semester one run from January 22-29th.

Warmest regards,

Joe Foti

Principal

Message from Our Trustee

One of our top priorities as a school board is creating an environment that enables our students to focus on learning and be successful. That means creating environments where students are safe and feel safe, where all of our students know that they are welcome and supported, and where they see their identities reflected, valued and celebrated.

Championing Equity and Inclusivity

Championing Equity and Inclusivity is one of the priorities outlined in the [Board of Trustees' Multi-Year Strategic Plan](#). We are fortunate to live in one of the most diverse regions of Canada, and welcome students, staff and families with a broad range of identities and experiences. There has been much work underway at the Board in the past few months to ensure we are providing all of our students with a safe, equitable and inclusive learning environment, including:

Providing [Board-wide training](#) for over 12,000 school staff on anti-Black racism.

Bringing together over 250 students and staff at our annual [SpeakOut conference](#) for the 2SLGBTQ+ community.

Acknowledging [Treaties Recognition Week](#), and learning about the importance of treaties and treaty relationships in Canada from First Nations community members.

- Hosting a labour market information night for parents to learn about current and future career opportunities and employment trends.

Bringing together hundreds of members of the education community for three days of learning focused on Indigenous Education and Equity at our world-renowned [Quest conference](#).

This is in addition to the ongoing work taking place in our schools. It is also important that our families know and feel that they are a valued, respected and important part of our school community. We recently held regional school council forums that brought together school council members from across the region to learn and share together on important topics such as engaging families, vaping and more. It was wonderful to see so many family members there.

The Board of Trustees was also pleased to receive and commit to taking action on the recommendations in response to the Anti-Black Racism, Antisemitism, Classism and Islamophobia community consultations.

Winter Months

With the winter weather already upon us, I also want to remind families that school transportation may be cancelled on [extreme cold or inclement weather days](#), and there may be rare occasions when emergency weather conditions result in school closures. To ensure families are aware, last month, we tested a new system to send text messages to families in emergency situations only. Information about transportation cancellations and school closures will also be available on Board and school websites, Board social media channels and local media.

Many of our students and families will be celebrating days of significance and holidays in the coming weeks and months, and I wish you all the very best for the season. I hope everyone has a safe and happy winter break and we look forward to welcoming students back in January.

David Sherman

Trustee, Markham Ward 1/Vaughan Ward 5

Bus or School Cancellations

With winter weather already here, we want to share some important reminders for families.

When an **inclement weather** or **extreme cold** or day is declared, school transportation (including buses and taxis) are cancelled in the morning and afternoon. Schools will remain open. If you drive your child to school, or your child takes alternate transportation, you must make arrangements for your child to get home at the end of the day. Please call the school if your child will not be attending school on those days. Students will not be penalized for missing school on these days.

There may be rare instances when **emergency winter events** occur and we need to close all schools and Board locations. Please take the time to make plans in the event of an emergency school closure.

Information about transportation cancellations and Board closures will be shared through local media, Board and school website and on twitter @YRDSB.

Our process for extreme cold, inclement weather and emergency weather days are outlined in the Board's Severe Weather policy, which has been recently updated and is available for public comment. Seeking feedback from staff and community members, including parents/guardians, is an important part of the review process. All policies available for comment are sent to school council chairs and are posted on the Board website, along with information about how to provide feedback.

Your Portrait Session

Your fee includes a professional portrait session with both classic Cap & Gown and new Casual poses on contemporary and traditional backgrounds.

**Sit fee details available online when you book your session.*



Room 249

POSES: 10 Poses

OUTFITS: Cap & Gown, Casual and Vintage Hollywood

BACKGROUNDS: A variety of up to 4 backgrounds *poses and backgrounds may vary



Graduating Class Composite

Just like the one on your high school walls, you'll receive your own copy of a graduating class composite. Composites are typically handed out at Convocation or at the end of the school year.

A traditional portrait with a blue background will be provided to your school for the composite and yearbook.

**Composite size and folder inclusion vary by school. Details provided upon booking.*



Book your session TODAY!

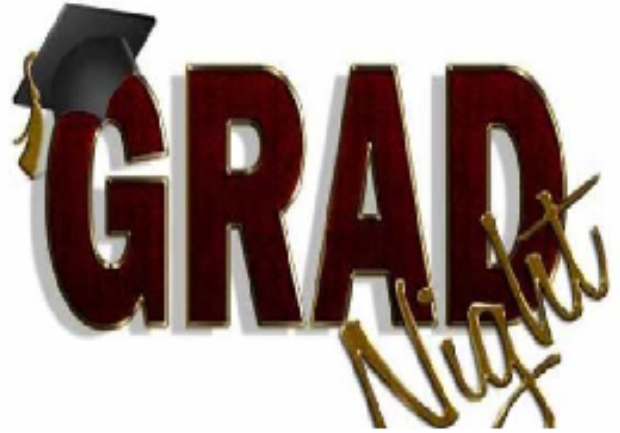
To book your Graduation Photo Session, grab your student card and go to bookmygrad.ca. Enter your school code and student number to get started.

SCHOOL CODE:

TLS

TLS

*June 25, 2020
Mark your
calendars!*



Graduation Fee Includes:
 Cap & Gown
 Venue
 Printing Costs
 Decorations
 Refreshments

**Graduation Fee is \$75.00 per GRAD
 2 Guest Tickets Per Grad**

**If you need more tickets, contact Ms. Burdett at x207 in
 Guidance Office**

The Graduation Ceremony will be at
 Bellvue Manor
 8083 Jane St, Concord, ON L4K 2M7

If you have NOT YET PAID the fee and will be attending
 graduation on June 25, 2020, please pay now and make sure
 to include the size of your gown.

If you need to pay by CASH, or CHEQUE, please see
 Ms. Tremblay in the main office.

GRADUATION FEES ARE DUE NOW!

Congratulations to Grade 10 French Immersion student, **Ana Grubor!** She has just won the Grade 5 Junior International Tennis Tournament in Panama.

This is her first international singles title.
We are very proud of her accomplishments.



Parents' Corner:

Parent School Council 2019-2020

- **September 16th, 2019**
 - Principal and teachers updates
 - Parent Council Election
- **October 22nd, 2019**
 - "Universities and Colleges" All you need to know. Presented by Thornlea's Head of Guidance, Mr. Alkins
- **November 18th, 2019**
 - "Ways to Pay". All you need to know about scholarships and bursaries". Presented by Suzanne Tyson.
- **January 20th, 2020**
 - Principal and teachers updates
- **April 21st, 2020**
 - TBD
- **May 19th, 2020**
 - "Understanding Mental Health – Mental Illness". Presented by Dr. Silvia Bernardini
- **June 2020: Principal's Update** (To be confirmed)
Please mark your calendar.
We'll let you know if there are any changes.



*From: Geneviève Seabrook
Chair of Parent Council*

SKY ZONE

On November 5, Physical education students took a fun-filled trip to Sky Zone. Students discovered that fitness can be fun through a variety of activities; including trampolining, obstacle courses, jousting over a foam-pit, and trampoline dodge ball and basketball.





REMEMBRANCE DAY
Lest We Forget

Remembrance Day 2019



REMEMBRANCE DAY
Lest We Forget

On Monday November 11, 2019 staff, students and members of the Thornlea community gathered to honour the courage and devotion of brave men and women who sacrificed themselves for our country. It has been 100 years since the first observance of this day to honour those who passed, as well as give thanks to those who came back from serving their country. Since then, Canadians have fought in other conflicts and many have given their lives so that we might enjoy freedom today.

This year marks the 75th Anniversary of D-Day, where Allied soldiers landed on the shores of Normandy and began the liberation of many European countries. Canada was one of these countries who fought bravely and valiantly. This year's theme focused and paid tribute to the anniversary of D-Day.



This year's assembly consisted of a variety of poetic and musical performances by students of Thornlea. A special thanks to Mary Ann Sing, Cristian Santos, and Tyler Goldfarb for their amazing musical rendition of "Gone Away", as well as Mr. Chan and Thornlea's Orchestra for setting the tone of the assembly. Students from both Mr. Stone's Grade 9 Drama class and

Mme. Hannah's Grade 10 French Immersion class eloquently performed choral readings of poems. We also had the talented support of Mme. Bern's Art class who provided beautiful murals of poppies to decorate our stage. Lastly, a huge thank you to our student volunteers who sold poppies and the cadets of Thornlea who helped with the laying of the wreath.

We were also proud to welcome back L. Col. Banerjee (Commanding Officer of the Queens Own Rifles of Canada) as our Guest Speaker this year, who spoke to students about the importance of Remembrance Day and moved the audience with his rendition of Canada's contributions to D-Day and Vimy Ridge. Thank you again to L. Col. Banerjee for his moving speech.

Our Assembly could not have been made possible without the contributions of our Lights and Sound Crew headed by Mr. Stone, with their assistance in setup and execution, as well as Mr. Belchevski and our Thornlea Thunder Network who oversaw the live stream of the assembly.

Thornlea's motto is "Think and Be Thought of". It seems to be very appropriate to Remembrance Day. As many generations pass we will continue to acknowledge and commit to remember those who have fallen as well as those serving today. We will remember. *Lest we forget. N'oublions pas.*



-Mrs. Laura Ceausu (Department Head of History)



Grade 8 Night At Thornlea!





NEWS FROM ARTS DEPARTMENT

Commission an Artwork!

*Dear Staff, Parents/ Guardians,
Our Grade 10/ 11 students are willing to draw or paint commissioned portraits (please see samplings of their artwork). Artworks will be commissioned in a variety of sizes with a choice of background.*

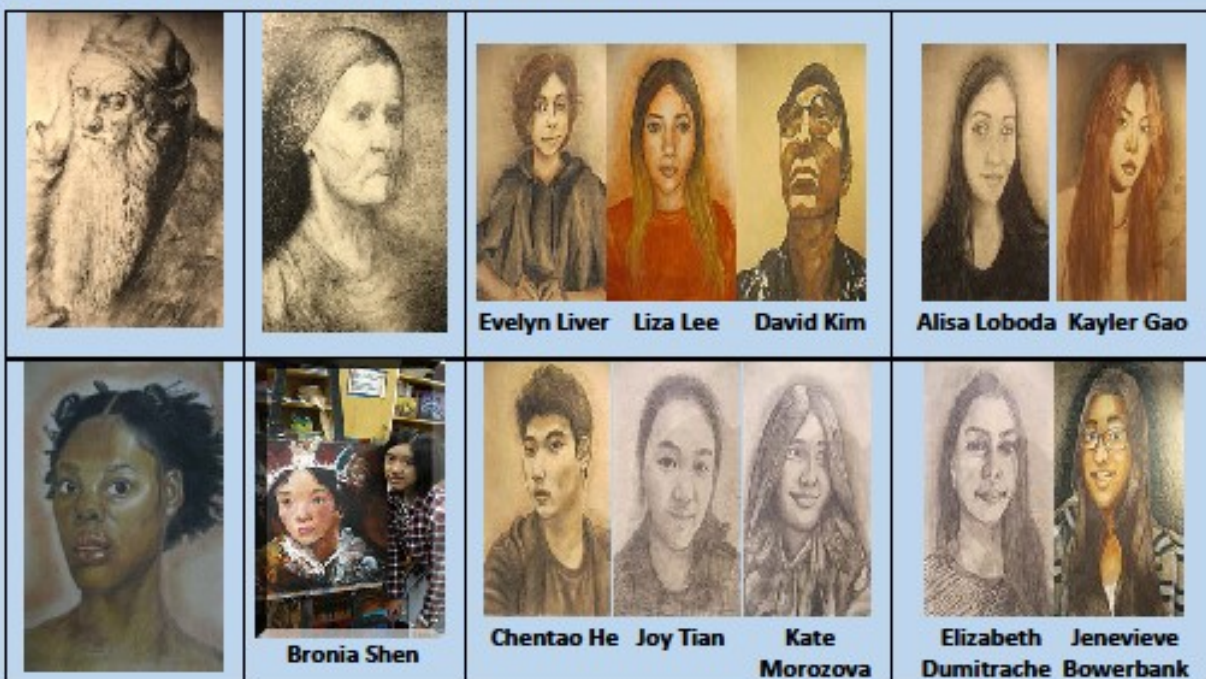
Just send your photographs/ reference images, and our Artists in Residence will draw/ paint your picture in any medium of your choice (pencil, charcoal, acrylic, pastels). Please support our Thornlea Art Council and Equity Team's efforts to raise money to make our school an even more inclusive place.

Monies raised will be used for planning Art Shows, festivals, events and celebrations.

If you have any questions, please email Ms. Bern at: ilana.bern@vrdsb.ca.

Your support would be greatly appreciated. With gratitude,

Ms. Bern's Visual Arts class and Student Art Council



NEWS FROM ARTS DEPARTMENT

Kate Morozova (Grade 10) drew a beautiful portrait of Liam, Ms. Tremblay's son. Thank you to Ms. Tremblay for commissioning artworks from our emerging artists and supporting our Arts Program here at Thornlea.



HURRY UP! WINTER ART SALES!

30 Landscapes for Sale - \$50 per Landscape on Canvas (12"x 24" in Acrylic)



NEWS FROM ARTS DEPARTMENT



Our new Inclusive Design Murals “Celebrating Multicultural Music”.

Christine, Bishram and Kenroy, our amazing custodians, are working hard mounting the murals on the wall.

Our Gr. 12 Arts students Lyra Peng, Cici Zhu, Jacqueline Yitong Li and Kayler Gao are proudly presenting their artworks. Thank you for promoting Arts @Thornlea.

Mme Bern



THORNLEA DRAMA PRESENTS

THEATRE TRIO

THE ACTOR'S NIGHTMARE

BY CHRISTOPHER DURANG

THE AUDITION IS OVER

BY JOHN KIRKPATRICK

YOUR LIFE IS A FEATURE FILM

BY ALAN MINIERI



THEATRE TWO-ONE-NINE
DECEMBER 10 - 13, 2019. 7:30PM
TICKETS \$10

Happy Holidays from the Guidance Department!

We also would like to remind you on the process for making guidance appointments. **First**, please see Mrs. Burdett, our Guidance Secretary. If any student would like to make an appointment with their “**Surname/Last Name**” identified counselor, they should come to the Guidance Office before school starts (8:30 to 8:45), during their lunch (11:30 to 12:30), or after school (3:00 to 3:30) to make their appointment.

The Guidance Team this year consists of:

Mrs. Gail Burdett (Guidance Secretary) Ext. 207

Mr. Nizam Alkins, Head of Guidance (A – KON) Counselor Ext 330

Ms. Lovleen Rai (KOO – REE) Scholarship Lead/Literacy Lead/SHSM Lead, Dual Credit Lead Ext 254

Ms. Andrea Tse (REI-TSAN) Head of ESL Ext 178

Ms. Viviane Estafanos (TSAP – Z) Student Success/Credit Recovery/AP Exam Lead Ext 251

Ms. Maria Merecoulias (Student Support for ESL students, ESL Teacher) Ext 689

Ms. Tamara Gord (Special Education Support) Head of Special Education Ext 234

For Scholarship information for grade 12 graduating students, please make an appointment to see Ms. Rai in the Guidance office.

Community Service Hours

We would also like to remind students that there is a process in place for Community Service Hours (CSH). All students must complete 40 community hours to obtain their Ontario Secondary School Diploma. The Guidance department must approve your community service opportunity before you start your hours. Please see your counselor for a CSH sheet and pre-approval. ***A reminder to all grade 12 students; that they should hand in their community service hours by Friday January 24th, 2020. Before the next OUAC/OCAS transmission.***

We also would like to announce the approved initiative to all our **grade 9** students. Grade 9 students that complete their 40 community service hours in their grade 9 year will receive a special certificate of completion. This is for grade 9's only. The 40 hours must be submitted into our Guidance Office by **Friday June 19th to Qualify.**

For more information on volunteer opportunities, please come down to the Guidance Office and pick up a Community Service Hours form and please take a look at our “Volunteer Bulletin Board” for opportunities to fulfill this Ministry of Education graduation requirement.

The Post-Secondary Institutions (Universities and Colleges) visits have come to an end. We would like to thank our presenters and our students for attending these seminars and asking great questions. A special thank you to Ms. Lovleen Rai for organizing all the visits.

As for Scholarship information for grade 12 graduating students, please make an appointment to see Ms. Rai in the Guidance office. **There is additional scholarship information available, please see Ms. Rai for the password.**

The Ontario University Application Centre (OUAC) Pin Codes have been distributed. Over 200 graduating students have already picked up their Pin Code and are on their way to applying to University. Over 120 Thornlea students have already applied and some have been accepted with an early conditional offer! If a student has not picked up their code, they should come to the Guidance office immediately.

University Applications:

You can select as many University programs as you would like (\$50.00 each), but, you can only choose a **maximum of 3 programs** per University. For example:

Only 3 choices can be used for all University of Toronto campuses, for example (St. George, Scarborough, Mississauga) can have one program each or all 3 at Scarborough or any combination adding up to 3.

Waterloo University, you could only select a maximum of 3 programs. If you wanted to add a 4th you cannot.

If you need clarification on this process or have questions, please do not hesitate to ask a counselor.

Guidance already offered a College application seminar. If you need further assistance please see Ms. Lovleen Rai in the Guidance Office. 15 students have already applied.

Ontario College Application:

No PinCodes are distributed for College Applications; students will create their own with their Ontario Education Number (OEN) at www.ontariocolleges.ca- Students can apply today!

You can apply to an Ontario College today! Deadline for equal consideration is **Feb. 1st 2020.**

Please see Ms. Lovleen Rai for support with your Ontario College Application.

The Deadline for your University Application is January 15, 2020 (it is highly recommended to pay on-line with a credit card)

The next OUAC University grades transmission is scheduled for **February 13**, 2020.

2020

January 15, 2020

Deadline to submit your completed application to the OUAC.

Note: The OUAC still processes applications received after this date and distributes them to the universities; however, specific university deadlines will apply.

The initial application includes all final grades from completed Grade 11 and 12 courses and a list of all current-year courses in progress.

January 23, 2020

Target date for Ontario universities to receive all application data and grades from the OUAC for applications submitted by January 15, 2020.

February 4, 2020

Recommended last date for students to submit university and program changes and additional active choices to the OUAC to be considered for early admission.

Note: This is a recommended deadline. The OUAC will still accept and process application changes at any time.

February 28, 2020

Target date for Ontario universities to receive all final first-semester grades and current full-year grades for 4U/M courses from the OUAC.

The “Equal Consideration” Deadline for your Ontario College Application is February 1st, 2020 (highly recommended to pay on-line with a credit card)

The next OCAS College grades transmission is scheduled for early February 7, 2020.

If students are planning on making a request for a timetable change for 2nd semester, they should make an appointment with their counselor today.

Night School Course registration **Winter Registration:** January 6, 2020 to February 6, 2020.

www.yrdsb.ca/Programs/ConEd/Pages/Night-School-Credit-Courses.aspx

Night School E-Learning Course registration has started – register on-line today. (Note: Only if you have 3 or less courses on your Timetable)

www.yrdsb.ca/schools/e-learning/programs/Pages/Winter-Catalog.aspx

Mr. Nizam Alkins, Head of Guidance and Career Education

Holocaust Vocabulary

Holocaust: The murder of 6 million Jews in Europe from 1933 to 1945 by Nazis and the people who helped them. The Holocaust also targeted Roma, Slavs, the disabled, gay people, and others.

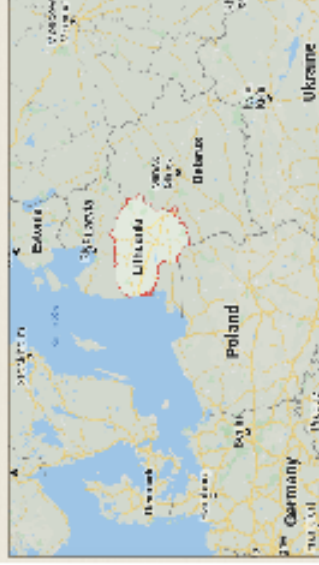
Jew: A person who follows the Jewish religion (Judaism) and/or identifies with Jewish culture and history.

Nazi: A person who followed Adolph Hitler's ideas during the Holocaust. Nazis were extremely nationalistic, and believed in the concept of an Aryan "master race" that was destined to rule the world. They also believed the 'inferior' races should be destroyed.

Concentration Camp or Labour

Camp: Prison camps where Jews and other victims of the Nazis were confined and forced to work long hours without food or medicine. Camps were overcrowded, surrounded by barbed wire, and heavily guarded. Millions of Jews were also murdered in these camps, usually in gas chambers, but also by shooting and starvation.

WHERE IS LITHUANIA?



Lithuania is in Eastern Europe.

Helen's hometown, Kaunas, is a big city.

You can see it in the middle of the map below.

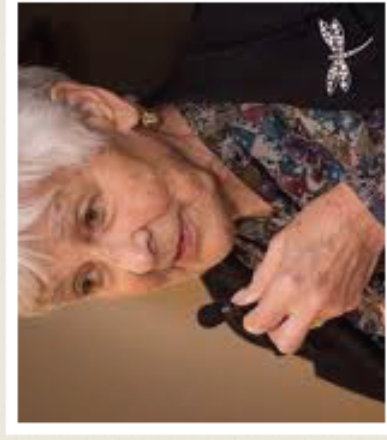
The Nazis invaded Lithuania through Poland, which is the big country between Germany and Lithuania.



THORNLEA SECONDARY SCHOOL
LIBRARY SPEAKER SERIES

WELCOME HELEN YERMUS

Holocaust Survivor



Helen Yermus was born in Kaunas (Kovno), Lithuania, in 1932.

Today she lives in Thornhill.

She is visiting Thornlea students to share her story of how she and her mother survived the worst genocide of the 20th century. Have your thoughtful questions ready



More Vocabulary

Displaced Person Camp (DP Camp): After the Holocaust, the survivors lived together in camps (not prison camps) until they could find a country to go to to start a new life.

Ghetto: A place where Jews were forced to live by the Nazi invaders. There was not much food or medicine. Jews could not leave the ghetto without permission.

KinderAktion: a round-up, by the Nazis, of Jewish children. These children were either murdered on the spot, or sent to a concentration/death camp to be killed.

Dachau - One of the many concentration camps set up by the Nazis to exploit Jews as slave labourers and/or to murder them. Between 1933-1945, over 188,000 prisoners were incarcerated in Dachau. At least 28,000 died between 1940-1945, but unknown numbers died between 1933 and 1939.

Antisemitism: Hatred of/Prejudice against Jews/Jewish people.

HELEN YERMUS TIMELINE



Helen in the Kovno Ghetto

1932 - Helen Yermus born in Kaunas, Lithuania in Europe

1939 - World War II begins

1941 - Germany invades Lithuania and establishes a ghetto for the Jews of Kaunas. Helen and her father, Yitzhak, her mother, Toby, and her little brother, Abraham, were forced into the ghetto by the Nazis. Her great aunt and cousin soon joined them; however, during the Oct. 28 "Great Action" in the ghetto, her great aunt and cousin were separated from the family and machine-gunned to death along with 10,500 other Kaunas Jews.

1944 - Helen's little brother, Abraham, is rounded up in the "Kinder Action" despite Helen's efforts to save him. The Kovno Ghetto was then liquidated, and Helen and her mother were shipped to the Stutthof concentration camp. The men were separated, including Helen's father, who was taken to Dachau and killed. Helen worked as a slave labourer for many months, digging trenches for the German military.

1945 - In January, the Nazis began the great Death Marches, but Helen and her mother were left behind. Nazis entered their tent and injected them with a poisonous substance. While several others died, miraculously, Helen and her mother survived.

1948 - After spending 3 years in DP camps, Helen and her mother, Toby, finally made it to Canada, where Helen has made it her life's work to teach Canadian students the lessons of the Holocaust, ensuring young people learn the consequences of hatred and prejudice.

1952 - Helen married Aaron Yermus, whom she met in a DP camp in Austria. She has 3 children and 9 grandchildren.



Helen visiting Stutthof many years after the war.



Helen's granddaughters Sara Farb, playing the role of Anne Frank in 2015 at the Stratford Festival.

87-Year-Old Holocaust Survivor Shares her Story with Ms. Magic-Love's Gr. 12 Class



On Wednesday, November 27th, **Helen Yermus** appeared as a special guest of **Thornlea Library's Speaker Series**. **Ms. Magic-Love's** students were riveted and respectful as the painful details of Helen's story were revealed, one after the other.

Even though she was only 8 years old in 1941 when the Germans invaded her home country of Lithuania, she still struggles with vivid memories of when, in 1944, her six-year-old brother, Abraham, was pulled from her arms by Nazi soldiers during the "Kinder Action" in the Kovno Ghetto. As a 'punishment' for fighting to hold on to Abraham, she was *not* put on the truck with him and the other children. Because of this 'punishment,' she survived this "Kinder Action," but she never saw her little brother again.

Also in 1944, when the Kovno Ghetto was liquidated, Helen was separated from her father, Yitzhak. For years after the end of the war, she searched every face in a crowd, hoping to catch sight of Yitzhak, her best friend and mentor, and the person who had encouraged her to keep a diary, no matter what happened. Yitzhak was murdered in Dachau but this information was only confirmed for Helen a couple of years ago through research done by her Israeli daughter-in-law. Trying to keep her promise to her father, Helen wrote in her diary every day, but it did not survive the war. Helen often contrasts herself with Anne Frank, whose diary *did* survive, but Anne did not. Many years later, Helen's granddaughter, the actress Sara Farb, would play Anne Frank on stage at the Stratford Festival.



When Yitzhak was taken to Dachau, Helen (aged 11) and her mother, Toby, were sent to Stutthof Concentration Camp in Germany. They worked many months as slave labourers, digging ditches and trenches for the German military.

In January of '44, when the Germans knew the war was almost over, they sent most of Stutthof's Jews on a 'Death March.' As a punishment for returning to their tent to get straw to stuff beneath their clothing for warmth, Helen and Toby were left behind at the camp with about 50 other prisoners. The Nazi soldiers ordered these remaining Stutthof prisoners to lie down on the ground in a circle. One at a time and with the same needle, they were injected with a lethal substance. Helen, her mother, and some of the other prisoners, miraculously survived the injection, as the prisoner ordered to administer it (a medical doctor in her former life) was able, surreptitiously, to dilute the poison with water.

After they were liberated by the Russians, Helen and her mother, hungry and ill, spent weeks in a make-shift refugee centre a former school. They bonded closely with another mother and daughter, Mrs. Reuben and her daughter, Rivkah. Due to lack of food and medical attention in the centre and from the townspeople, Rivkah died on the school room floor, Helen lying right beside her. In the *History Channel* documentary, *Cheating Hitler: Surviving the Holocaust*, which premiered on television just a couple of weeks ago, Helen is reunited in her home in Thornhill with Rivkah's brother. You can catch this clip from the documentary on *YouTube*, and it is a moving sight.

Helen and her mother were brought successfully to Canada by family in 1948, after they spent 3 years in DP camps. Helen is married to Aaron Yermus (another survivor) and they have 3 children and 9 grandchildren. Helen has made it her life's work to teach Canadian students about the lessons of the Holocaust and to ensure young people learn the consequences of hatred and prejudice.



Helen in the Kovno Ghetto



Helen visiting Stutthof many years after the war.



Sara Farb, Helen's granddaughter, playing Anne Frank at the Stratford Festival.

**Help save
someone's life this
holiday season.**

Join **Canada's Lifeline**

Cameron,
*blood and stem
cell recipient*



UPCOMING BLOOD DONATION EVENT

Thornlea Secondary School - Gym
8075 Bayview Ave

Tuesday, December 17
8:30 a.m. to 12:30 p.m.

86 Donors Needed ● Walk-Ins Welcome

Book your appointment at blood.ca
Use Web code: 505916



**Canadian
Blood
Services**

BLOOD
PLASMA
STEM CELLS
ORGANS
& TISSUES

Book now at
blood.ca

ELIGIBILITY:

Here are some helpful links to review prior to booking your appointment:

- ✓ **Donation process:** <https://blood.ca/en/blood/donating-blood/donation-process>
- ✓ **Must be at least 17 years of age.** For anyone aged 17-23, please visit <https://blood.ca/en/blood/am-i-eligible/abcs-eligibility> and select **Weight** to ensure you meet the eligibility requirements. For anyone aged 23 and over, you must be at least 110lbs to donate blood.
- ✓ **Any tattoos and/or piercings** in the last 3 months? If yes, you must wait 3 months before donating blood
- ✓ **Zika Risk:** Have you travelled outside of Canada in last 3 weeks? If yes, please refer to <https://blood.ca/en/blood/am-i-eligible/abcs-eligibility/travel> and select "**Accepted Countries List**". Donors who have travelled to locations outside of Canada, the continental U.S. and Europe must wait 21 days after their return home, before donating blood.
- ✓ **Malaria Risk:** Have you travelled outside of Canada in last year? If yes, please refer to <https://blood.ca/en/blood/am-i-eligible/abcs-eligibility/travel> and select "**Check the Country list here**" to determine if you are eligible to donate blood.
- ✓ **Medications:** Please review <https://blood.ca/en/blood/am-i-eligible/abcs-eligibility> "medications". If your medication is not listed, please call 1-888-236-6283 to speak with one of our trained health professionals.
- ✓ **Dental work:** If you have had a cleaning or filling, you are eligible to donate the day after your treatment. If you have had an extraction, root canal or dental surgery you are eligible to donate 72 hours after your treatment, if you have fully recovered.
- ✓ **To review the full eligibility list, please visit:** <https://blood.ca/en/blood/am-i-eligible/abcs-eligibility>
- ✓ **To review the donor questionnaire, please visit:** <https://blood.ca/en/blood/donating-blood/donor-questionnaire>

ON THE DAY OF YOUR DONATION:

- You must bring one piece of government issued photo ID. Acceptable identifications are: health card, driver's license or passport or Canadian Blood Services blood donor card.
- It is helpful to bring a list of current medications, if applicable
- Make sure to have a heavy meal and drink plenty of water prior to donating.
- For medical inquiries, please call 1 888 2 DONATE (1 888 236-6283).

FOLLOW THESE STEPS TO COMPLETE YOUR ONLINE BOOKING:

Step 1 – Visit <https://blood.ca/en> or our GiveBlood App.

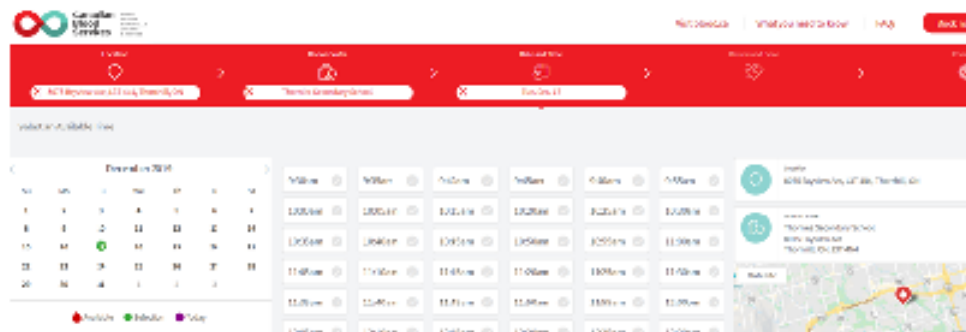
You are required to sign in or create an account to complete your online booking:



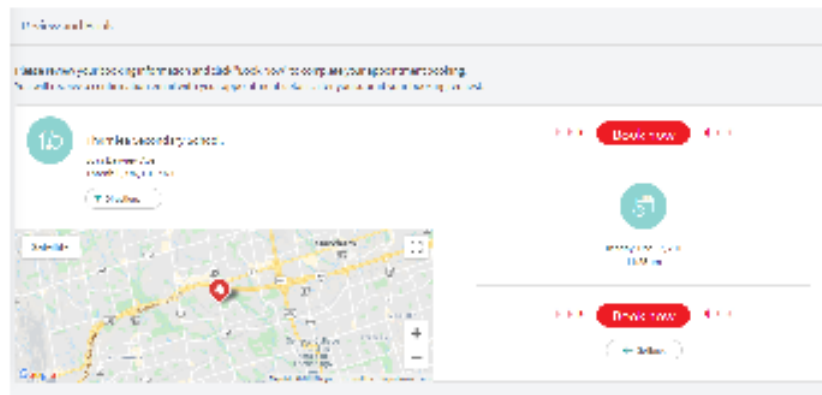
Step 2 – Once signed in, enter web code: **505916** in the search bar



Step 3 – Select a time that works best for you. Please expect to be at the donor centre for approx. 60 to 90 minutes.



Step 4 – Please review the eligibility requirements and your booking details before proceeding:





Do you know your blood type?

Your blood type is important, not only because of who you can donate to, but also who you can receive blood from.

Blood typing event

Join **Canada's Lifeline**
Visit blood.ca/bloodtype to learn more.



Stem Cells for Life



**Canadian
Blood
Services** BLOOD
PLASMA
STEM CELLS
ORGANS
& TISSUES

How do stem cells save lives?

Over 80 diseases and disorders including leukemia and lymphoma can be treated with a stem cell transplant.



GetSwabbed



To register, you must be between the ages of 17–35 and carry a valid provincial health card. Visit blood.ca/stem-cells to learn more.

Join Canada's Lifeline

Register today at blood.ca/getswabbed



Community autism class visited Santa at his workshop.



Varsity 2018 Lions

About York Region Football

A registered non-profit run by volunteer board members, managers and coaches; the Lions believe passionately in the transformational capabilities of team sport. Since 1987 we have worked with the community to develop in York Region youth a love of tackle and flag football.



2018 Community Football Camp 1

Football as a Pathway

We believe....

Each child has exponential potential. Through our partnership with York University, the York Region Lions promote football as a pathway to post-secondary education, and its lessons as foundations for future success.

We promote....

Respect, integrity, teamwork, academics and work ethic, applied both on and off the field.

We invest....

Not only in our players, but our coaches. We develop our coaches' football IQ, through an active partnership with provincial and federal governing bodies for the sport.

Contact Us

Email: info@yorkregionfootball.com

Web: www.yorkregionfootball.com



@yrlions



Non-profit no. 1599353

Winter Academy 2020

We want YOU in red!

Proud Partner of York University

School Year 2019-2020

Calendar of Events

December 9-20	GRAD Photos—By Online Appointment Rm. 249
December 10-13	Drama Club Winter Show
December 17	Blood Donor Clinic
December 18	Wellness Winter Wonderland
December 21-January 5	Christmas Vacation
January 8	Last Day For Field Trips
January 13-15	EQAO Math
January 16	Last Day for Assessments
January 20	School Council Meeting 7:15pm Library
January 22-29	EXAMS
January 30	EXAM Review Day
January 31	PA Day
February 3	Semester 2 Begins
February 6	Semester 1 Final Report Cards Home
February 12	Wellness Day
February 17	Family Day
February 18	School Council Mtg 7:15pm Library
March 9	Semester 2 Photo Day for New Students
March 11	Wellness Day
March 12	Interim Report Cards Home
March 16-20	March Break
March 26	Parents' Night
March 31	OSSLT
April 10	Good Friday
April 13	Easter Monday
April 16	MADD Assembly
April 21	School Council Mtg 7:15pm Library
April 22	Wellness Day
April 29	Mid-term report cards home
May 1	PA Day